

## TRAIL MIX

### INGREDIENTS:

|                      |       |
|----------------------|-------|
| ❖ Mixed nuts         | 5 #   |
| ❖ Raisins            | 2 ½ # |
| ❖ Dry Currents       | 1 #   |
| ❖ Dry Blueberries    | 1 #   |
| ❖ Dry strawberries   | 1 #   |
| ❖ Choc chips         | 1 #   |
| ❖ Butterscotch chips | 1 #   |
| ❖ Vanilla chips      | 1 #   |

### METHOD:

1. Mix all ingredients together
2. Store in semi air tight tin (I use an old popcorn tin)
3. Enjoy

### NOTES:

I buy all the ingredients from a store that sells bulk ~ they already have mixed nuts and you can use salted or unsalted which ever you prefer ~ I usually do a mixture of salted and unsalted so I don't get as much sodium but still get the flavor of salted.

I use a combination of Dark choc, milk choc and semi sweet choc chips but this is something that is best used for personal taste.

Use dried fruit that you enjoy I have also included dry cherries from time to time.

